

# Kamille Bauer

## HOPE WHEN LIFE IS HARD

Keynote Speaker · Grief Recovery Mentor
Host, Put On Your Big Girl Pants · Business Owner

**AS SEEN ON**

KSL TV · FOX 13 SALT LAKE CITY · GoodThings Utah

| 110+ | 800K+ | 4 | Global |
|---|---|---|---|
| PODCAST EPISODES | YOUTUBE VIEWS | BUSINESSES OWNED | LISTENING AUDIENCE |

*She will have your audience laughing and weeping in the same breath — and send them home lighter than they came in.*

Kamille Lynn Bauer fought and laughed alongside her late husband — Clint the Cancer Warrior — through his illness, then raised their three children through the grief that followed. She coined the phrase "go through your trial with a smile," and she means it.

Across 110+ episodes of Put On Your Big Girl Pants and 800,000+ views on YouTube, she has talked with a global audience about grief, loss, faith, and how people actually move forward — not in a straight line, and not on anyone else's schedule.

She owns Spavia Day Spa Sandy, co-hosts the South Valley Chamber's Better Together podcast, and speaks with humor and startling honesty about what most rooms are afraid to say out loud.

### SIGNATURE TALKS

#### How to Have Hope When Life Is Hard

Kamille's story as the spine — widowhood, three grieving children, a life and a business rebuilt twice — with enough humor that the hard parts land without flattening the room.

**BEST FOR** Women's conferences · Faith & church events · Associations · Chamber gatherings

#### Grief Doesn't Clock Out

Three days of bereavement leave, and a life that takes three years. What a grieving employee needs, and how a team holds someone without walking on eggshells.

**BEST FOR** HR & workplace wellness · Leadership retreats · Healthcare systems · EAP providers

#### How to Be the Friend Who Shows Up

Stop saying "let me know if you need anything." She never will. What to say, what to do, and what to stop doing for someone in their worst season.

**BEST FOR** Hospice & palliative care · Cancer support orgs · Caregiver & nursing groups

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**kamillebauer.com · putonyourbiggirlpants.com**
@KamilleBauer on Instagram, YouTube, Facebook & LinkedIn

# Suffering doesn't define us. It refines us.

**HOST — PUT ON YOUR BIG GIRL PANTS**
Spotify · Apple Podcasts · Amazon Music · YouTube

**CO-HOST — BETTER TOGETHER**
South Valley Chamber

## WHAT AUDIENCES SAY

> *Her honesty, strength, and love touched everyone in the room. It was a privilege to hear her story, and one I know none of us will ever forget.*
>
> **NANCY FERRO** · Founder & Executive Director, Epic Experience

> *Kamille is a treasure in front of an audience. Don't expect to leave the room without a tear streaming down your face. I've witnessed it!*
>
> **MARK FERRO** · Business Development Executive, Epic Experience

> *We had Kamille speak at our Empowering Women event and she was amazing! The audience was truly moved and inspired by her heartfelt story.*
>
> **SARINA HOWARD** · PA-C, Elite Medical Solutions

## SELECTED SPEAKING ENGAGEMENTS

| | | |
|---|---|---|
| KEYNOTE | The Church of Jesus Christ of Latter-day Saints — Purchasing Conference | October 2022 |
| KEYNOTE | Empowering Women Event — Elite Medical Solutions, Layton, Utah | May 2024 |
| KEYNOTE | Epic Experience — Cancer Foundation, Annual Gala | February 2016 |
| KEYNOTE | Camp Kesem — Cancer Foundation for Kids, Make the Magic Gala | March 2016 |
| KEYNOTE | Christopher Business Travel Group | June 2022 |
| PRESENTER | LDSPMA — Latter-day Saint Publishing & Media Association | 2021 |

## ORGANIZATIONS SHE'S WORKED WITH

EPIC EXPERIENCE BEYOND CANCER · Camp Kesem CANCER FOUNDATION FOR KIDS · MASCOT MIRACLES FOUNDATION · Mrs. Utah America · aviva WOMAN · Skin AND BEYOND...

## YOUR AUDIENCE LEAVES WITH

- Language for the thing they haven't been able to say out loud
- Habits that work on an ordinary bad day, not just a catastrophe
- Permission to stop performing "fine"
- A way to show up for the person next to them who is struggling
- The belief that forward motion is still available to them

## FORMATS

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|---|---|
| **Keynote** | 45–60 minutes, customized |
| **Workshop** | Half-day, interactive |
| **Virtual** | Full remote or hybrid |
| **Fireside** | Moderated Q&A or panel |
| **Retreat** | Multi-session, faith or secular |



## Let's talk about your event.

Watch her speak · kamillebauer.com/speaking

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