



Kamille Bauer

HOPE WHEN LIFE IS HARD

KEYNOTE SPEAKER · GRIEF RECOVERY MENTOR

HOST, *PUT ON YOUR BIG GIRL PANTS* · BUSINESS OWNER

AS SEEN ON



110+

PODCAST EPISODES

500K+

YOUTUBE VIEWS

4

BUSINESSES OWNED

Global

LISTENING AUDIENCE

She will have your audience laughing and weeping in the same breath — and send them home lighter than they came in.

Kamille Lynn Bauer fought and laughed alongside her late husband — **Clint the Cancer Warrior** — through his illness, then raised their three children through the grief that followed. She has spent the years since doing the unglamorous work of building a life she never planned, and she talks about all of it out loud.

She coined the phrase “*go through your trial with a smile*” — not because the trial isn’t real, but because she refuses to let it have the last word. Across **110+ episodes** of *Put On Your Big Girl Pants* and half a million views on YouTube, she has talked with a global audience about grief, loss, faith, and how people actually move forward: not in a straight line, and not on anyone else’s schedule.

For eleven years she ran two businesses at Gardner Village in West Jordan, Utah — a yarn store and a Halloween shop — and after Clint died there were no days off. A year and a half later she sold the yarn store to her own employee. When her youngest started junior high she went back to work, taking a job at a day spa in 2023 and **buying it in July 2025**. She serves on the **South Valley Chamber’s Small Business Committee** and co-hosts the Chamber’s *Better Together* podcast.

Kamille speaks with humor and startling honesty about the things most rooms are afraid to say out loud — and points her audiences toward hope, resilience, and faith in Jesus Christ.

SIGNATURE TALKS

How to Have Hope When Life Is Hard

The keynote. Kamille’s story as the spine — widowhood, raising three grieving children, rebuilding a life and a business she never planned on — and the habits that carried her, delivered with enough humor that the hard parts land without flattening the room.

BEST FOR WOMEN’S CONFERENCES · FAITH & CHURCH EVENTS · ASSOCIATIONS · COMMUNITY & CHAMBER GATHERINGS

Grief Doesn’t Clock Out

Three days of bereavement leave, and a life that takes three years. What a grieving employee actually needs, what managers consistently misread as underperformance, and how a team holds someone without walking on eggshells. Kamille got no days off at all — three kids and two businesses needed her the next morning — and she now leads a team of her own.

BEST FOR HR & WORKPLACE WELLNESS · LEADERSHIP RETREATS · HEALTHCARE SYSTEMS · EAP PROVIDERS

How to Be the Friend Who Shows Up

Stop saying “let me know if you need anything.” She never will. A practical, immediately usable session on what to say, what to do, and what to stop doing for someone in the worst season of their life.

BEST FOR HOSPICE & PALLIATIVE CARE · CANCER SUPPORT ORGS · CAREGIVER & NURSING GROUPS · WOMEN’S MINISTRIES

Suffering doesn't define us. It refines us.

Kamille has keynoted for corporate teams, cancer foundations, women's conferences, and youth groups — in ballrooms, chapels, and camp mess halls.

HOST — PUT ON YOUR BIG GIRL PANTS
Spotify · Apple Podcasts · Amazon Music · YouTube

CO-HOST — BETTER TOGETHER
South Valley Chamber · Ep. 1 — Thurl Bailey

WHAT AUDIENCES SAY

“

Kamille spoke from the heart about both the difficult and unexpected gifts that can come from a cancer diagnosis — and the profound effect it has on the entire family. Her honesty, strength, and love touched everyone in the room. It was a privilege to hear her story, and one I know none of us will ever forget.

NANCY FERRO · FOUNDER & EXECUTIVE DIRECTOR
EPIC EXPERIENCE · ANNUAL GALA

“

Thank you so much for helping me during that raw, painful time and bringing healing and understanding during the worst time of both of our lives.

CONSTANCE · LISTENER

“

I've been coming to your channel the past three years, trying to really understand my life as a widow, and now I feel ready to be more expressive about my story.

VIEWER MESSAGE · YOUTUBE

SELECTED SPEAKING ENGAGEMENTS

KEYNOTE	The Church of Jesus Christ of Latter-day Saints — Purchasing Conference · October 2022
KEYNOTE	Empowering Women Event — Elite Medical Solutions · Layton, Utah · May 2024
KEYNOTE	Christopher Business Travel Group · June 2022
PRESENTER	LDSPMA Conference — Latter-day Saint Publishing & Media Association · 2021
KEYNOTE	Epic Experience — Cancer Foundation · Annual Gala, February 2016
SPEAKER	Epic Experience — Cancer Walk · Summer 2020
KEYNOTE	Camp Kesem — Cancer Foundation for Kids · Make the Magic Gala, March 2016
KEYNOTE	Mascot Miracles Foundation Fundraiser · September 2017
KEYNOTE	Regional Singles Conference — The Church of Jesus Christ of Latter-day Saints · January 2018
SPEAKER	Girls' Youth Summer Camp · Washington State · July 2020
SPEAKER	West Jordan Christian Church, women's group · Magna & Herriman, Utah · November 2017
SPEAKER	West Virginia Christian Church, youth group · Midway, Utah · Fall 2018

RECENT PODCAST GUEST Yes And Land — Ride The Wave Media

ORGANIZATIONS SHE'S WORKED WITH



YOUR AUDIENCE LEAVES WITH

- Language for the thing they haven't been able to say out loud
- Habits that work on an ordinary bad day, not just a catastrophe
- Permission to stop performing "fine"
- A way to show up for the person next to them who is struggling
- The belief that forward motion is still available to them

FORMATS

Keynote	45–60 minutes, customized to your audience
Workshop	Half-day, interactive, small-group work
Virtual	Full remote delivery or hybrid
Fire side	Moderated Q&A or panel
Retreat	Multi-session, faith-based or secular

*“Go through your trial
with a smile.”*

The phrase Kamille coined years ago, and the reason organizers book her twice. She never minimizes what a room is carrying — she has buried a husband, raised three grieving children, and rebuilt twice — but she refuses to let the hard thing have the last word.

Her podcast, **Put On Your Big Girl Pants**, has carried that message to listeners worldwide across 110+ episodes.



Let's talk about your event.

Watch her speak · kamillebauer.com/speaking

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